

*From our Evidence-Based Parenting Curriculum,
our trained staff at The PROGRAM works
in connection with Children and Youth Services.*

For State Female Ex-Offenders

- ▶ We focus on the whole person to re-unite them successfully with their family.
- ▶ Lessons help them to let go of past issues as well as how to cope with Post Traumatic Stress Disorder (PTSD).
- ▶ Identifying unhealthy behaviors and educating on how those behaviors can affect their children raises the parents' awareness toward better decision making.
- ▶ Working primarily with the mother one-on-one for four classes then leads to the mother working with her child[ren], then the remaining classes work with the mother for a total of eight classes.
- ▶ Mothers attend the Reunification classes three times a month; full family sessions are twice a month.
- ▶ By focusing on the whole person, The PROGRAM works to educate the mother on her past experiences, thereby showing her how she can more positively affect her children's lives in their day-to-day experiences going forward.

For State Male Ex-Offenders

- ▶ The PROGRAM teaches male candidates an evidence-based strategy aligned with **the National Fatherhood Initiative** and **The 7 Habits of a 24/7 Dad™**.
- ▶ To graduate from the seven lessons, dads are taught as a group, and then they attend classes along with their children to introduce healthy structures in their collective relationships.



**We keep our families engaged
after prison release,
and begin to see
a new level of
empowerment
in our participants.**



**This is an invaluable service
for both the children and their parents.**

"We're here to offer hope after prison."

The PROGRAM, "It's About Change", Inc.

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